



## Tap Into Abundance



You are a very beloved and abundant being. And **YOU** deserve to have even more abundance than you are already experiencing. It is time to expand your ability to receive even more abundance and prosperity into your life.

### **Tap on the karate chop point and say...**

Even though I have abundance in my life, I am ready for even more today.

Even though I have been blessed with abundance in the past, today I am open to even more.

Even though I am grateful for the abundance I have received, I am open to even more abundance flowing into my life now.

**Eyebrow:** I am so grateful for the abundance I have experienced.

**Outside eye:** I am so blessed to be abundant and prosperous.

**Under eye:** I am ready to open up to even more abundance flowing into my life.

**Under nose:** I love feeling abundant.

**Chin:** I love feeling prosperous.

**Collarbone:** I love opening up and allowing even more abundance to flow into my life now.

**Under arm:** It feels good to be abundant.

**Top of head:** It feels good to be prosperous.

**Stop tapping. Take a deep breath in, and release it out.**

**Continue tapping...**

**Eyebrow:** My life is so blessed.

**Outside eye:** I love having the ability to blessed others lives.

**Under eye:** The more abundance I have, the more lives I can positively influence.

**Under nose:** I am so open to even more abundance flowing in.

**Chin:** I open up my energy field to allow more abundance and prosperity to flow in.

**Collarbone:** It feels so good to be open to receiving even more abundance.

**Under arm:** It feels so good to allow more prosperity to flow to me.

**Top of head:** I am wide open and available for even more abundance to flow to me now.

**Stop tapping. Take a deep breath in, and as you release it out, put your hand over your heart and say Thank you, Thank you, Thank you for all that I have and all that is flowing to me now.**

**Thank you for being a gift and a blessing in my life.**

Much Abundance and Prosperity,  
Kathy Atkinson

